

(continued) **Conference Schedule**

**FRIDAY, January 11, 2008**

7:25—8:55 a.m. — Light Breakfast  
Exhibit Hall Coconut/Malayan

8:15—8:50 a.m. — **REGISTRATION**

8:55—9:15 a.m. — Ballroom Salon A

Greeting, Ann Fonfa

9:15—10:15 a.m. — General Session #5

Ballroom Salon A

**Lynne Farrow**, MA, "The Perfect Storm Theory of Breast Cancer"  
**H. Ken Schueler**, "Pursuing Immunotherapy and Novel Off-Label Drugs as Alternative Cancer Treatments"

10:15—11:20 a.m. — General Session #6

Ballroom Salon A

**George Wong**, Ph.D., "Prevention of Breast Cancer with Chinese Herbs"  
**Shari Lieberman**, PhD, CNS, FACN, "Best Case Study: An Evaluation of Poly-MVA and Other Modalities in Patients with Cancer"

11:20—11:50 a.m. — Break/ Exhibits/Network  
Exhibit Hall Coconut/Malayan

11:50-1:00 p.m. — General Session #7

Ballroom Salon A

**Michael Schacter**, MD, CNS, FACAM, "Integrative Approach to Cancer", Ann Fonfa (patient/advocate perspective)

1:00—2:25 p.m. — Buffet LUNCH (organic)/Network  
SPEAKER from 1:30—2:25 in Ballroom Salon A  
**Ralph W. Moss**, Ph.D., "Pancreatic Enzymes in Historical Perspective"

(continued) **Conference Schedule**

2:25—3:10 p.m. — General Session #8

Ballroom Salon A

**Emil Schandl**, M.S. Ph.D, [M.D., M.A.], FACB, SC (ASCP), CC (NRCC), LNC, CLD, "Rx for Health: the Longevity Profile and the Cancer Profile"

3:10—3:25 p.m. — Break Exhibit/Network  
**EXHIBITS CLOSE**

Ballroom Salon A

3:25—3:50 p.m. — Final thoughts? Join us for discussions on treatment directions, integrative oncology, advocacy, and more

Adjourn

**Therapies reduce insomnia, anxiety**

**Reiki** (pronounced "ray-kee") is a therapeutic technique in which healing energy is channeled, or conducted, through a practitioner's hands into the person receiving the treatment. It is believed that Reiki brings the body into emotional and spiritual balance, supporting the body's natural ability to heal itself.

**Yoga** is used for fatigue, insomnia, depression, general quality of life. It can reduce high blood pressure.

**Exercise** has been studied to reduce fatigue DURING treatment with chemotherapy and radiation therapy. Walking, biking, swimming, etc.

**Aromatherapy** is used for nausea and is taught at MD Anderson Cancer Center in Houston, Texas. It can stimulate lymphatic flow, reduce fatigue and anxiety. Example: Lavender for headaches, insomnia, high blood pressure, Orange for insomnia, constipation, depression, anxiety, peppermint as a digestive aid, Rosemary for fatigue, Ylang-Ylang for calming.